

5 THINGS TO MAKE WFH A LITTLE EASIER - ON ALL OF US.

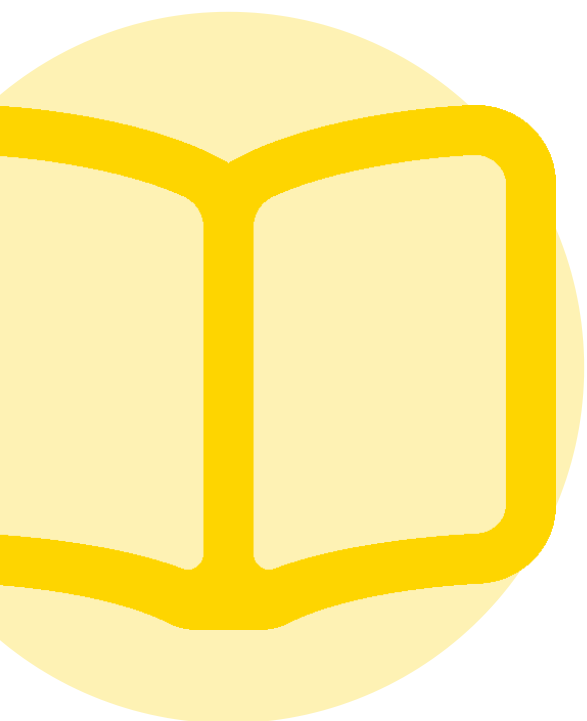


TIMING IS EVERYTHING.

Remember that 9 am is a tricky time in a normal world, and now that many people are helping their kids with home-learning, normal is out the window.

CHECK-IN IS ALWAYS OPEN.

Check-in on people. It's not checking UP, it's checking IN. And it's not just management that should be doing this - we all should be.



OPEN UP.

If you're NOT OK - tell someone. This is NOT an easy time, and if you need some help to get through this, the help is there., you just need to ask. We all need to support each other through these times.

DON'T CENSOR YOUR HOME LIFE.

Don't feel the need to censor your home life for the sake of 'etiquette.' Pets wandering around, kids wanting to have a chat to your work mates - it's all good - we're all going through it.



DON'T LOSE THE FUN!

Keep the fun and culture you had before we were all sent home. That might mean Monday lunch time trivia on Teams, or Friday arvo bevs on Zoom. Whatever works, don't lose the fun - in all of this, we need that more than ever!